



## **THE USE OF MUSHROOM NUTRITION IN TRADITIONAL CHINESE MEDICINE AND ACUPUNCTURE (TCM)**

Date: Saturday, October 4<sup>th</sup>, 2014

Schedule: 09:00 to 18:00

Venue: Hallam Conference Centre  
44 Hallam Street  
London W1W 6JJ  
Tel: 0207 706 7700

Programme: 08:30 - Registration

09:00 - Welcome

09:10 - **The Role of Enzymes,  $\beta$ -glucans and Secondary Metabolites in Mushroom Nutrition**

Professor Amin Karmali (Ph D)

09:45 - Break

10:00 - **Introduction** (i.e. General usage in TCM and contraindications)

Karel Simonovsky-Dr. Zuzana Vancurikova (MD), TCM, Acp,

11:45 - Break

12:00 - **The Benefits of Mushroom Nutrition in TCM Acupuncture and in Specific Syndromes in Traditional Chinese Medicine**

Dr. Zuzana Vancurikova (MD), Karel Simonovsky-TCM

13:00 - Lunch and poster presentations

14:00 - **A Traditional Chinese Medicine Perspective on the Challenges to Women's Health and the Effectiveness of Mushroom Nutrition**

Nuria Lorite Ayan-(Ph D) Pharmacist, Acp TCM.

14:45 - Coffee Break

15:15 - **The Role of Mushroom Nutrition in Viral Conditions-A Model for Preventative Health**

Karel Simonovsky- Dr. Zuzana Vancurikova (MD), TCM, Acp,

16:00 - **Roundtable Discussion: Clinical Challenges in the Application of Mushroom Nutrition** Dr. Zuzana Vancurikova, Karel

Simonovsky and Dr. Nuria Lorite with Kevin Durjan as Moderator

16:45 - Networking Drinks Reception

Participants: TCM Acupuncturists and TCM Practitioners

Certification by: Certificates of Attendance will be issued by  
Mycology Research Laboratories, Ltd.

Price: £ 60 (VAT included) - Coffee and Buffet Lunch included

All Participants will receive Study Materials

TO REGISTER

Email: [vivian@mycologyresearch.com](mailto:vivian@mycologyresearch.com)

FOR MORE INFORMATION

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Theme: This lecture is targeted for TCM Acupuncturists and TCM practitioners with an overview of the potential role of mushroom nutrition in their daily practice.

Lecturer: **Prof. Amin Karmali**

- Professor in the Department of Chemical Engineering Area of Instituto Superior de Engenharia de Lisboa (ISEL) and Chairman of the Research Centre for Chemical Engineering and Biotechnology



Lecturer: **Karel Simonovsky**

- Czech TCM practitioner specializing in both translating and authoring teaching materials particularly on phytotherapy and mushroom nutrition since 1996
- In the field of mushroom nutrition he stands as a leading practitioner, lecturer and author

Lecturer: **Dr. Nuria Lorite Ayan**

- Lic. Pharmacy in Biochemistry at Universidad Complutense de Madrid (UCM), with a degree in Advanced Studies in Nutrition and Food Science (Higher Course) at the same University
- Graduated in TCM - studies in graduation and post graduation
- TCM Professor recognized by the TCM College, University of Beijing (China), with large experience as a practitioner and professor in Acupuncture, Chinese Herbal and Dietetic Therapy



Lecturer: **Zuzana Vančuríková, MD**

- Zuzana is a Czech medical doctor with a postgraduate degree in pediatrics, in which she focuses in her practice until today
- Since 1996 she has her own practice including TCM Acupuncture, EAV and homeopathy. She is a member of Czech medical acupuncture society (CLAS CLS JEP)

**TO REGISTER**

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